**Principals of Human Services**

**Course Syllabus**

**Mrs. Reed**

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**Course Description:**

This laboratory course will enable students to investigate careers in the Human Services career cluster such as counseling and mental health, early childhood development, family and community, nutrition, and personal care services. Each student will learn the knowledge and skills essential for success in high-skill, high-wage, or high-demand human services careers. This course prepares students for additional courses in the Human Services cluster.

**Course Topics**

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| Part One: Learning to Manage    1. Decision Making in Your Daily Life    2. Your Values, Goals, and Standards    3. Managing Your Resources    4. Technology as a Resource  Part Two: Development Across the Life Span    5. Understanding Development    6. Development During the Early Years    7. Developmental Tasks of Childhood    8. Developmental Tasks from Adolescence Throughout Life  Part Three: Understanding Relationships    9. Successful Relationships  10. Effective Communication  Part Four: Family Living  11. The Family Today  12. The Marriage Relationship  13. Parenting  14. Family Management  15. Combining Family and Workplace Roles  Part Five: Managing Health and Wellness  16. Physical and Mental Wellness  17. Healthful Eating  18. Coping with Stress  19. Living in a Safe Environment | Part Six: Managing Clothing  20. Planning and Shopping for Clothes  21. Caring for Clothing  Part Seven: Managing Food  22. Meal Management Planning and Shopping  23. Meal Preparation  Part Eight: Managing Housing  24. Planning and Selecting Housing  25. Furnishing and Caring for the Home  Part Nine: Managing Finances  26. Financial Management  27. Using Credit Wisely  28. Planning for Financial Security  Part 10: Managing as a Consumer  29. Consumer Rights and Responsibilities  30. Consumer Decision Making  Part Eleven: Preparing for Your Career  31. Career Planning  32. Finding a Job |

**Classroom Rules:**

1. Be kind and polite
2. Be a friend to everyone in the classroom
3. Be on time and prepared to participate
4. Follow all campus rules without argument

**Classroom Discipline Plan**

1st Offense- Warning

2nd Offense- Parent Contact

3rd Offense- Office Referral

**Classroom Supplies:**

* 1 inch 3 ring binder
* dividers
* notebook paper
* blue/black pen or pencil
* additional supplies for projects as needed

**Teaching Procedures:**

The class will be directed to student-centered activities including group work, written work, discussions, individual class and homework projects, hands-on activities, and laboratories.

**Attendance & Absence Work:**

This is a participatory class therefore attendance is necessary. If you are absent it is YOUR responsibility to get the make-up work the **DAY** you return to class. A missing work folder is in the room for you to pick up work missed due to any absences. Late work will follow the PHS student handbook policy.

**Course Evaluation:**

Daily Assignments 60%

Laboratory/Tests 40%

**FCCLA Activities:**

FCCLA is the student leadership organization for Family & Consumer Education classes. We will have periodic in-class meetings as well as before school meet which are designed to build leadership skills. We will have an officer election soon for those of you with the desire to hold an officer position. FCCLA provides opportunities for you to participate in local regional, state and national meetings through your participation in various student projects.